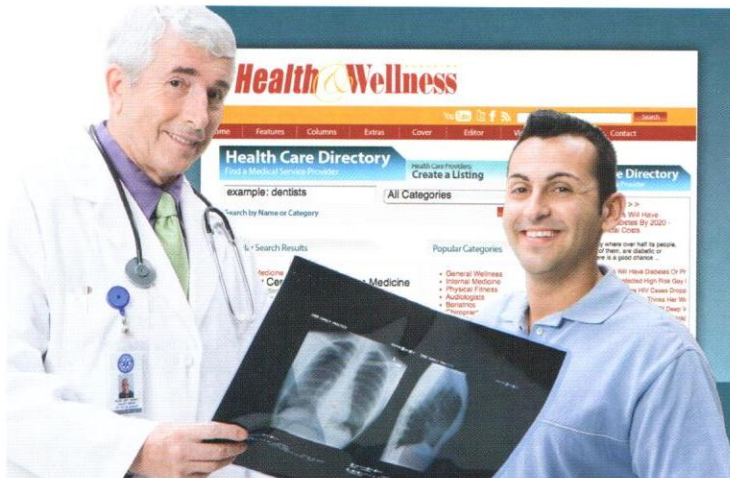


PARIS

in the fall



70,000 people read H&W every month.
WILL THEY FIND YOU?

Connect with thousands of potential patients who are searching for YOUR services. Create your **FREE listing** in the **Health&Wellness online directory**.

www.healthandwellnessmagazine.net/directory

by Jan Ross, *Staff Writer*

Paris in the springtime is what the song raves about, but Paris in the fall was equally fabulous. Cool and lovely, we enjoyed the fact that the city was not crowded with tourists.

Le Meridien Hotel was in the perfect location, just a few blocks from the Champs-Elysees and right across the street from a wonderful mall with an extensive grocery store in the basement and ATM machines that provide you with euros.

We headed to the Champs-Elysees, strolling up this street, marveling at all the shops and sidewalk cafes, and ended up at the Arc de Triomphe, which let me tell you, is huge.

Be aware when you visit here that you are supposed to use the underground entrance to the arc. We did not know this, so we crossed the road that circles around it. This road has no lanes and the traffic is crazy, so use the underground entrance.

Next, we decided to walk to the Eiffel Tower, which is about a mile from the Arc de Triomphe. We walked across a gorgeous bridge on our way to the tower that I later discovered was the Pont de Alexandre III. It had beautiful gold statues, intricate carvings and dozens of people strolling across it, admiring the view of the Seine. We killed a little time before dinner by having some drinks at a darling



little cafe where we could actually see the Eiffel Tower as we had our orange presse, a tart and lovely drink I had for the first time.

After having a wonderful dinner with our friends at yet another sidewalk café, we summoned a taxi and headed back to our hotel for a well-deserved rest. Taxi fare was surprisingly reasonable in Paris; we only paid about 15 euro for that ride.

One of the best things we did in Paris was take a cruise on the Seine and a tour of the Eiffel Tower.

One of the best things we did in Paris was take a cruise on the Seine and a tour of the Eiffel Tower. When you take a group tour of the tower, you don't have to wait in line; you just get in the elevator immediately.

On the famous Seine River, we boarded one of the canal boats that cruise up and down the river, showing tourists all the sights of this beautiful City of Lights. We cruised along, under beautiful, fanciful bridges, past the awe-inspiring cathedral of

Notre Dame and ended up at the Eiffel Tower. The elevator took us up to the second level, which was plenty high enough for us.

We decided to get a light meal for dinner, so we headed to the grocery store in the mall across the street from the hotel. We bought delicious, fresh sandwiches, cheese, fresh pastries and small oranges that were tart and fresh. We took it all back to our room and had a little picnic.

When we left, we caught an Air France shuttle to the airport. This shuttle stops right in front of the mall across from Le Meridien Etoile and was very handy and much cheaper than a taxi. Then we were home, but we are ready to head back to Paris just anytime. We need a lot more time to see the rest of the City of Lights!

About the Author

Jan Ross is a freelance writer specializing in travel. You can contact Jan at kentuckygals53@gmail.com with comments or suggestions for article topics.

Doctors orders? Usually steak or seafood.

Sometimes it's even beer and burgers. Come give us a try and place your own order ~ no appointment necessary!

MALONE'S

AQUA
SUSHI

HARRY'S
• AN AMERICAN BAR •

BHG
Bluegrass Hospitality Group

DRAKE'S
Come play.

Sal's
CHOPHOUSE

MALONE'S
BANQUETS