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Yes, It's A Fabulous Hotel — But Is Breakfast Included?

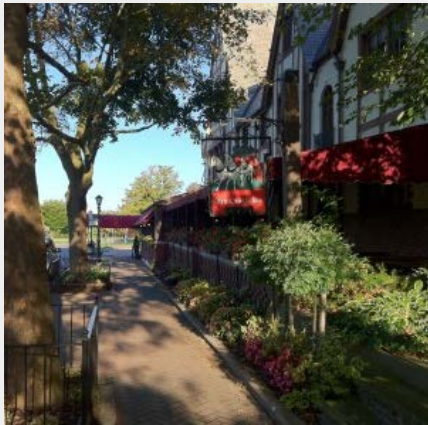
by TFB EDITORS on MAY 1, 2012

By **Jan Ross**

I took a bite of the delicious hot pancakes that had just been delivered to my table at [Paulette's Restaurant](#) in the [River Inn of Harbor Town](#) in Memphis, Tennessee. Not only were they cooked to perfection and perfectly wonderful, I also felt pretty smug about my breakfast because it was *free*. When you stay at the River Inn, your full, hot breakfast – ordered from a menu, not selected from an array of dried-out bagels and unsavory looking fruit – is included at no charge.

My husband and I love a big, hot breakfast when we are traveling. Not only is it a pleasant break from our rather casual dining experiences at home – which, on a good day, might include a frozen toaster waffle – it's also a great start to a long day of touring. And it also means we can often skip lunch and get by on two meals a day.

When I'm planning our accommodations for a trip, a free breakfast is high on my list of requirements, along with WiFi in our room. There are several ways to insure you will have a free breakfast included when you travel.



A shaded walkway at The Red Coach Inn

First, try booking a Bed and Breakfast. Bed and Breakfast locations have really expanded in recent years and you can find them pretty much anywhere you travel. We've stayed in Bed and Breakfasts everywhere from Seattle to Tucson and they are a wonderful option when you're tired of the sterile atmosphere of a hotel. They often offer delicious and unique meals for breakfast, although you are limited to their schedule and their selections.

Your second choice would be hotels that offer a free continental breakfast or breakfast buffet. Some of these are going to include the dried-out bagels mentioned above, so do some research to make sure they're going to meet your breakfast requirements. Read reviews on sites like [Tripadvisor](#), where you can even narrow your search criteria to hotels that offer a free breakfast. Many of the economy hotels offer a free continental breakfast or even a full breakfast buffet and some are excellent with hot waffles and other selections that make them comparable to a

hotel with breakfast in the hotel restaurant where you're going to pay quite a bit more.

My personal choice is a very nice boutique or luxury hotel that is offering some sort of discount or package deal and also includes a full, hot, restaurant-style breakfast. We found a place like this on a recent trip to Niagara Falls when we stayed at the [Red Coach Inn](#). Not only were we steps away from the rapids leading to the falls in a lovely, historic inn – we got a wonderful hot breakfast for free!

We also stayed in a fabulous boutique hotel tucked away on a little side street in Montreal, Canada, a couple of years ago. At the [Auberge Bonaparte Hotel](#), we had a huge suite, a great view of the Notre Dame Cathedral from our terrace, and a wonderful breakfast in the hotel restaurant. Last summer, we enjoyed the beautiful beach in Destin, Florida, and the fabulous breakfast selections at the [Henderson Park Inn](#). This lovely inn is right on



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the beach and is the only place I have stayed so far that includes lunch as well as breakfast! Just put in your order for your boxed lunch each morning and enjoy freshly made sandwiches or salads every afternoon.

It is possible to find a free breakfast when you travel and, if all else fails, McDonald's actually has some pretty good pancakes!

Anyone else have a favorite hotel destination that offers a full, free breakfast? Tell us about it in the Comments section.

Tagged as: [bed and breakfast](#), [free breakfasts](#), [hotels](#)



The charming Henderson Park Inn right on the seashore.

{ 3 comments... read them below or [add one](#) }

Kevin May 1, 2012 at 2:55 pm



When were you in Memphis, TN?

REPLY

Jan Ross May 1, 2012 at 5:43 pm



I was in Memphis last July – great place but hot, hot, hot!

REPLY

Eileen Ludwig May 4, 2012 at 5:07 pm



Fabulous getting breakfast included. Mine have been all the buffet style even this character breakfast – but it was fabulous <http://www.freelancetourist.com/breakfast-date-shrek-fiona-puss-boots-town-crier-gaylord-palms-villa-de-flora/>

REPLY

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