



TRAVEL

Scottsdale/Phoenix, Arizona

ARID LANDSCAPE STILL OFFERS LOVELY VIEWS



by Jan Ross,
Staff Writer

Saguaro cactus
reached spiny
arms to the dark

blue Arizona sky as we exited the Phoenix airport. The green cactus, the golden sand and the grayish brown mountains in the distance in every direction were beautiful sights we would become used to during our two-week visit out West.

The incredible, luxurious Westin Kierland in Scottsdale is like a gorgeous oasis in the middle of that arid but lovely landscape. In the early evening, we headed to the fire pit at Dreamweaver's Canyon to enjoy the Scottish bagpipes played beside the lake reflecting the setting sun. This nightly ceremony pays homage to the contributions Scottish immigrants made to the development of Arizona and is incredibly moving.

When you're ready for dinner, check out Deseo. Sit at the bar overlooking the kitchen. You will marvel at the incredible skill of the chefs who take great pride in



While in Scottsdale, plan to take a tour of Taliesin West, Frank Lloyd Wright's architectural masterpiece.

not only making delicious food but making it look as appetizing as possible. A massage, yoga class and healthy-eating class at the Agave Spa at the resort, combined with time spent in our private cabana by the adult pool, made this the perfect resort.

While in Scottsdale, plan to take a tour of Taliesin West, Frank Lloyd

Wright's architectural masterpiece. Although he created it originally as a winter home, Wright invited students to come and study there, then expanded the buildings into the sprawling complex you can tour in about 90 minutes today. After your tour, head into Phoenix for lunch at Cibo, a charming neighborhood restaurant, but leave room for dinner at Wine

cabana room had a shady patio with comfortable furniture and was just a few steps from the pool, as was the restaurant Zuzu, where we enjoyed comfort food such as tomato soup and grilled cheese.

Scottsdale/Phoenix has plenty of activities to offer, from horseback riding to hiking the many desert trails to Southwest dining at a variety of fine restaurants.

Me, Dine Me at the Southwest Bistro at the Hyatt Regency in Scottsdale. Seated at the bar overlooking the demonstration kitchen and interacting with the culinary team, you will have an incomparable four-course culinary experience complete with tequila and wine pairings of the Southwest.

For a unique experience, spend a few days at the historic Hotel Valley Ho in Old Town Scottsdale. This redecorated and restored hotel from the 1960s takes retro chic to a new level and is a wonderful place to stay. Our

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about doing this," Olmstead said.

The benefits are countless. "Modeling is great, fun and a good way to make a little extra money," Olmstead said. "And if you volunteer, you feel you are making a difference in the community, so it's positive no matter what you do."

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Many positive results come from becoming volunteers, including lower rates of depression, increased longevity and a sense of accomplishment. Senior adults who volunteer often make new friends from parts of the community they would not otherwise meet. Thus the program creates a win/win situation where both the community and the interns benefit immeasurably.

Call (859) 258-3806 for more information about the Senior Intern Program.

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Old Town Scottsdale, an easy walk from the Hotel Valley Ho, is a great place to spend some time. If you are a fan of food tastings, sign up with Arizona Food Tours for the Old Town Scottsdale Food and History Walking Tour. Sample everything from Thai soup to liqueur-infused ice cream during the leisurely three-hour tour.

Scottsdale/Phoenix has plenty of activities to offer, from horseback riding to hiking the many desert trails to Southwest dining at a variety of fine restaurants. It's a particularly nice place to visit in the winter, as the climate is warm and very pleasant.

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where can we best be of service to others? We should not stand still when we retire. Retirement should be a new and wonderful phase of our life."

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disadvantages. If the Living Trust process is done correctly from the very beginning, there is very little involved in settling the estate – you certainly don't need the assistance of legal counsel.

A Trust is a separate entity which is controlled by a Trustee. Most Trusts are created by the Trustors and they name themselves (husband and wife) as co-trustees. During their lifetime, the Trustees control the assets of the Trust as if they themselves were controlling their own assets before the Trust was created. Should the Trustors (the persons creating the Trust) become disabled, either mentally or physically, the successor Trustees take over and control the Trust and the Assets. All that they need is a statement from the physician stating the Trustors are unable to care for themselves; thereby avoiding taking the step of having a Court decide whether or not the parents (Trustors) are disabled.

When death finally occurs, the successor Trustees, by the use of a death certificate, take over the Trust and divide the assets, including the real estate, without Court intervention. This can be done at home between all beneficiaries. The only need for an attorney would be to prepare a Deed for the sale of the Real Estate.

Should there be minors under 25 years of age, or whatever age the Trustor decides to use, the Trust continues for the benefit of the child. The Trustee can educate, provide upkeep, obtain health benefits and generally help the minor until he or she is 25 years of age or any age specified in the Trust, at which time the final money can be given to the beneficiary.

There are so many benefits in the REVOCABLE LIVING TRUST, it would be impossible for me to detail all of them in this writing. The preparation is easy but detailed and is easy to understand, but it must be a learning process through teaching.

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behavioral issues that may be exacerbated by noise or a long wait.

Before you leave

- If your relative resides in a care facility, ask the health-care provider to make a brief note regarding any findings, recommendations and plans. This is important information for you to take back to the charge nurse and physician overseeing your relative's care. Also inform the staff of scheduled tests and follow-up appointments.
- If a referral is being made to another health-care professional, make sure you are clear about their name and area of expertise and the purpose of the consultation.
- If your relative is booked for a test, inquire about the typical amount of time involved and whether special preparation is required.

When you get home

- Note any further consultations or tests on your calendar right away. Attach appointment cards with a paper clip so phone numbers are handy should you have questions or need to reschedule.
- Keep any forms or information sheets you've been given in a labeled file folder for easy access.

LAW continued from Page 28

I still have the passion to help my family and clients confront their most difficult times and circumstances.

My practice has provided a comfortable living for me and my fam-


ily. The joy is not just the compensation but the satisfaction that my staff and I worked out a solution and were able to reach a decision on and for our clients' legal dilemmas. I have also mentored and given advice to young adults about choosing a career in law so they can in turn help their families and friends with legal questions and/or challenges.

In my practice, I have come across many clients who knew others, whether family or friends, with legal challenges or issues, but they were too late obtaining needed help. My mother had a third-grade education and was illiterate. My stepfather had an eighth-grade education. But they both knew contacting a lawyer early in your legal challenges helps alleviate disadvantages and unfavorable results. If you know a family member or friend who has legal issues, urge that individual to contact a lawyer of their choosing as soon as possible. In almost every case, there are statutes of limitation, a time limit that's governed in every aspect of every case. Depending on the facts, when you know something isn't right, act early. Contacting a lawyer is the most important thing you can do.

I love being a lawyer and helping others. I do believe in the concept of fairness and have implemented this into my practice. I believe in this profession and with God's help and guidance, I would love to practice law for another 20 years.

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