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SCHEDULE

# Packing Checklist for a Girlfriends' Getaway to the Beach



★★★★★ 0 RATINGS //

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What do you need for a beach getaway? A suit, some sunscreen and a sundress, and that's it, right? Pretty much, but just so you don't forget some other essentials, here's our packing checklist to ensure your suitcase has everything you need.



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Throw a bathing suit, some sunglasses and sunblock into a bag and you are set for that next beach trip with your girlfriends, right? Well, almost. Even though you are planning a relaxing, fun-filled trip with lots of conversation and plenty of margaritas, you still might need a few more items. But you don't need your entire closet; instead of bringing a rainbow of colors, try to colour-coordinate your items so you can mix and match and not have to pack your full wardrobe. Royal blue, turquoise and a pop of orange make a great combination.

Here's your ultimate checklist to ensure you don't forget what to pack on your next trip—and that you don't end up taking too much:

## 1. Bathing suits

If you've ever had to pull on a clammy, wet bathing suit that didn't have time to dry, you know how important it is to bring a couple of suits. Rinse the sand or chlorine out of your suit every night and hang it up to dry so it will last longer. Don't forget a cute cover-up for runs to the grocery store for more cold drinks and snacks.

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## 2. Shorts

Three pairs of brightly coloured shorts are perfect for shopping, lunches out or just hanging out on the screened porch of your beach house watching the sunset.



## 3. Capris

Bring at least one pair of capris for those chilly beach walks in the early morning or late evening or a too-cool, air-conditioned restaurant. Kahki is the perfect colour as it will match all those tops you brought.

## 4. Tops

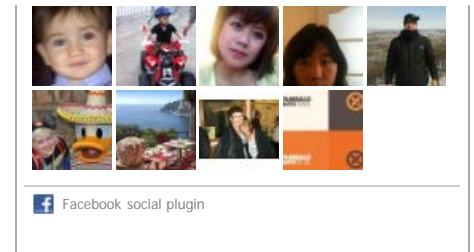
Pack three to four short-sleeved t-shirts, one or two long-sleeved t-shirts and a couple of dressy tops that you can mix and match with your shorts and capris, and you are set for any occasion—morning or night.

## 5. Dresses

You know your significant other doesn't really appreciate it when you dress up, right? They are usually pretty happy whether you are wearing sweat pants and a sloppy ponytail or whether you just spent hours dolling yourself up. Your girlfriends, on the other hand, appreciate the time and effort spent on dressing up and will spend just as much time choosing the right outfit for that beachfront restaurant outing. One cool, short summer dress and one filmy maxi dress will be perfect for those slightly dressier occasions.

## 6. Jewellery

Travel is not the time to take along the expensive family jewels, but it's a great time to deck yourself out with all that fabulous costume jewellery you've collected. Bring it all, then mix and match with your friends to have even more choices.





### 7. Scarves and bags

Take at least one bright scarf or pashmina; they come in handy for draping over bare shoulders in a restaurant. You will want a large tote/beach bag and possibly a small evening bag as well.

### 8. Jammies

Take at least one pair of comfy jammies that are great for lounging as well as sleeping. What else could you wear for that night of game playing/margarita drinking/chips-and-dip eating/gossiping?

### 9. Shoes

Take one pair of flip-flops or beach shoes that will also go with casual clothes, one pair of dressy sandals and one pair of comfy tennis shoes. That's really all you need but you are going to take more than that, aren't you? I knew it.

### 10. Sunglasses, big hat or whatever else makes you happy

Everyone in your group will have different items packed in their suitcase and you are no different. Don't forget to pack that one item that you love and that makes you happy.

## JAN ROSS



After a lifetime of travel, Jan Ross can pack a bag and hit the road with very little notice, although she will always have a little black dress and some snazzy shoes in there. She loves to travel with her husband of more than 35 years as he is a great photographer and she is often way too busy having fun to think about taking pictures. Active travel or relaxing, she is up for it all!

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