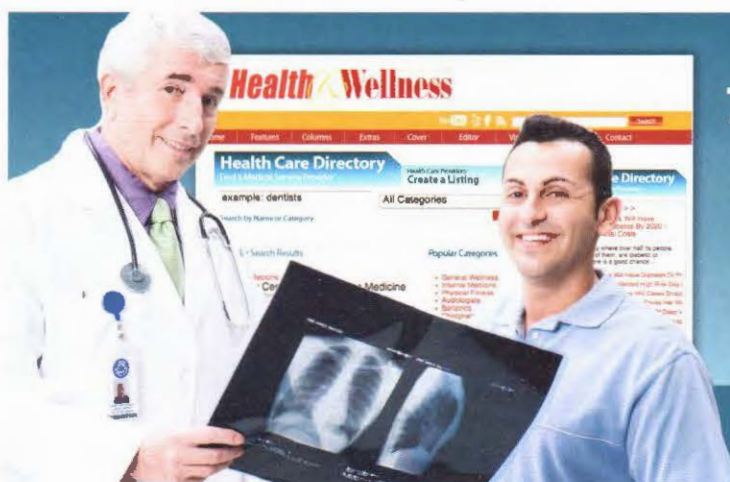
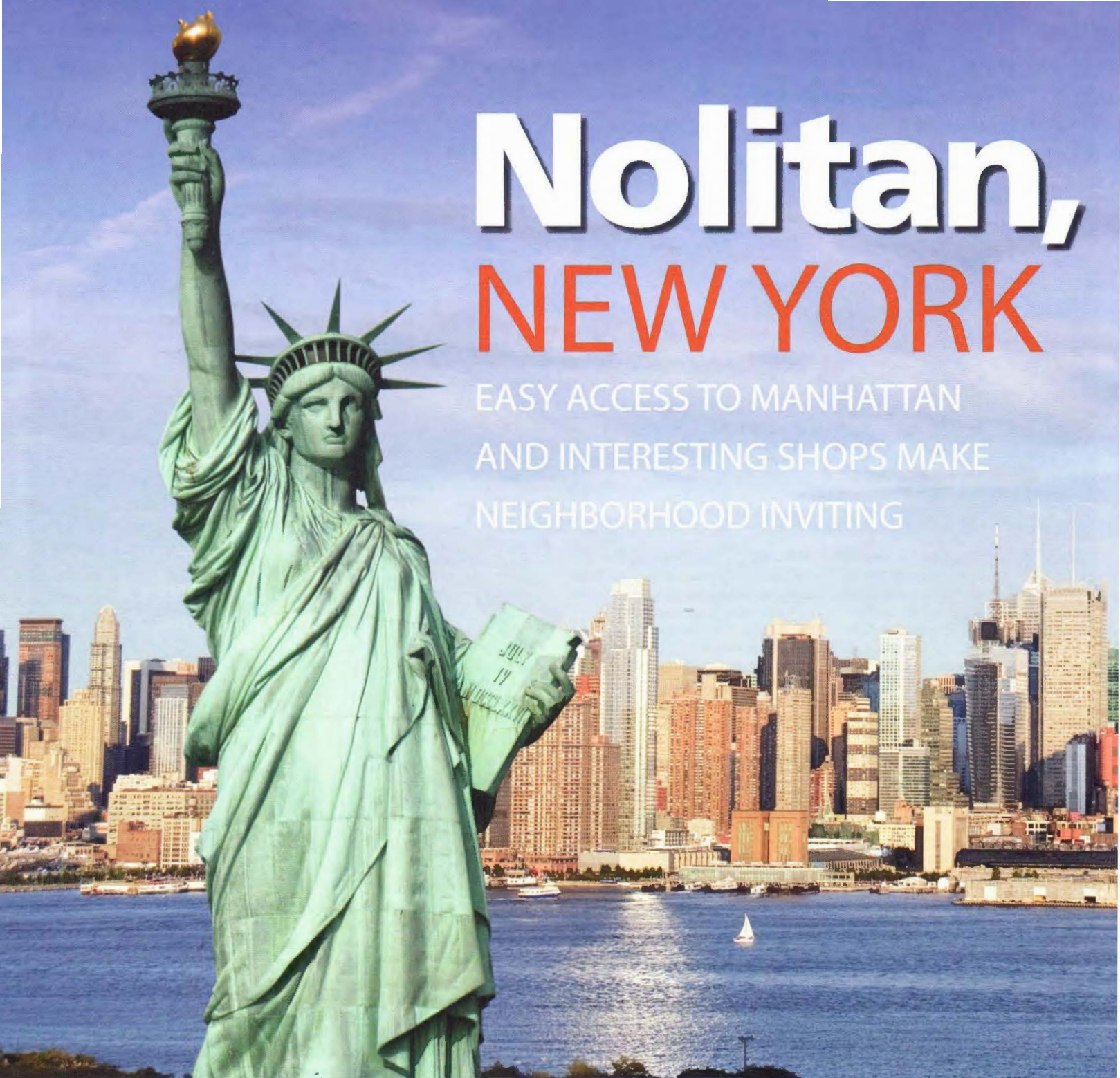


# Nolitan, NEW YORK

EASY ACCESS TO MANHATTAN  
AND INTERESTING SHOPS MAKE  
NEIGHBORHOOD INVITING



70,000 people read H&W every month.  
**WILL THEY FIND YOU?**

Connect with thousands of potential patients who are searching for YOUR services. Create your **FREE listing** in the **Health&Wellness online directory**.

[www.healthandwellnessmagazine.net/directory](http://www.healthandwellnessmagazine.net/directory)

by Jan Ross, Staff Writer

After spending a few days at a lovely vintage inn in Niagara Falls, N.Y., last fall, the sight of very modern New York City was a nice change.

We chose to stay in Nolitan because it seemed to be perfect for easily accessing Manhattan. Nolitan refers to the area just north of Little Italy. It's a wonderful place with little shops and restaurants all along the tree-lined streets.

We stayed at the Nolitan Hotel, a luxury boutique, very modern hotel right in the middle of the neighborhood. Unusual for New York, most of the rooms there have balconies with great views. You can also go up to the roof to get another view. Our room was not large, but it was well-designed and very comfortable. The hotel has every amenity you can imagine, including free Wi Fi, free bikes and free access to a neighborhood fitness center – there was even a yoga mat in the closet.

One of the things we enjoyed most about the Nolitan Hotel, aside from the wonderful service, was the location. We were close to Little Italy, where



▲ We were close to Chinatown as well. We saw many interesting things as we strolled around, including a restaurant with live fish swimming in tanks, waiting to be selected and prepared for dinner.

we could (and did) partake of lots of Italian food, including cannoli that was to die for and fabulous cupcakes from one of the numerous area bakeries. We also had a wonderful dinner one night at a restaurant called Bread that was less than a block from the hotel.

We were close to Chinatown as well. We saw many interesting things as we strolled around, including a restaurant with live fish swimming in tanks, waiting to be selected and prepared for dinner.

It was easy to grab a cab to get anywhere we wanted to go in the city. We enjoyed everything about our stay in New York, but one of our favorites was having dinner at The Ember Room and seeing "Jersey Boys" on Broadway. The food was delicious, and it was an easy to stroll to the theatre nearby.

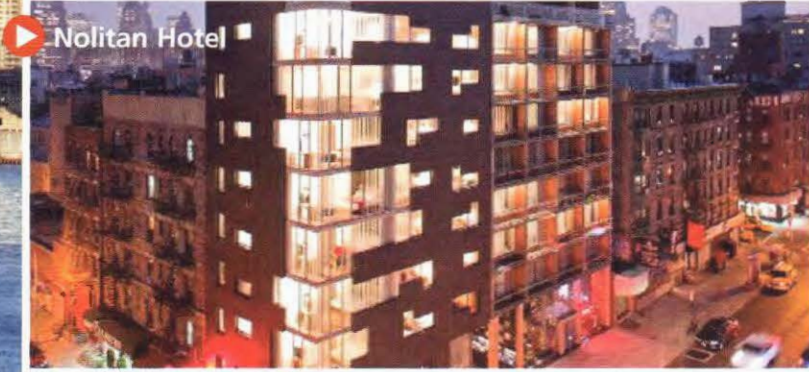
The show was by far one of the best we have ever seen; I recommend seeing it if you have the opportunity.

On our last visit to the city, we had seen the Statue of Liberty but did not take a cruise out to Liberty Island, so we did that on this trip. My one recommendation is to get to the pier as early as possible in the morning because the line is very long. However, it moves quickly because the cruise line has everything well organized. We also took a cruise around the Manhattan harbor at night, and seeing the lights of the huge city was incredible.

We could easily have stayed in New York for a week or a month and not run out of things to do. I'm sure you'll find whatever you might enjoy in the Big Apple.

**About the Author**

Jan Ross is a freelance writer specializing in travel. You can contact Jan at [kentuckygal53@gmail.com](mailto:kentuckygal53@gmail.com) with comments or suggestions for article topics.



▶ Nolitan Hotel

Wine Spectator  
AWARD OF EXCELLENCE

**portofino**  
Steaks • Seafood • Pasta • Fine Bourbons

dinner nightly • lunch mon-fri • private rooms  
249 east main st • downtown lexington  
859.253.9300 • [portofinolexington.com](http://portofinolexington.com)

Kentucky Proud Open Table

BlueGrass Go2Girl

- Personal Assistant Services
- Personal Shopping • Errand Running

**859.230.2298**  
[www.BluegrassGo2Girl.com](http://www.BluegrassGo2Girl.com)



One of the things we enjoyed most about the Nolitan Hotel, aside from the wonderful service, was the location.